

Uniform Guidelines and Policies Handbook 2020-2021

While we are a school that embraces creativity and individuality, we believe the best way to express our unique personalities at school is through the way we treat others, how we contribute to the school community, and by sharing our innovative ideas and creativity in the classroom.

Through our uniform guidelines we aim to...

- Create a safe and welcoming school climate where all students feel they are members of the school community (Sense of Belonging).
- To promote a sense of being part of a team (team spirit).
- To build an environment that minimizes the chance of intentional or unintentional discrimination, bullying or inequality based on perceptions of high or low socioeconomic status.
- Ensure students are dressed appropriately for active learning both indoors and outdoors in all seasons.
- Reflect a balance of choice, comfort and professionalism.

Therefore, the following school uniform is a requirement for all of our students. The school expects all parents and students who accept a place at the Calgary Changemaker School to comply with the school uniform guidelines and policies. Please read all pages of this document carefully.

In the interests of fairness and consistency across the school, parents / guardians must accept the Head of School or Principal's decision on all uniform matters. We will always try to act in a reasonable manner and involve parents at an early stage.

The school will always source best value and best priced options for our families, ensuring weather-appropriateness, durability and quality. There will be an annual preowned uniform and outer-wear sale and swap for parents who would like to purchase items at a reduced cost or recycle any clothing that is in good condition.

You can find our mandatory and optional uniform items at our Land's End Online Store by choosing Calgary Changemaker School on the dropdown box at the following website link (more details on last page):



Required Uniform K-6

Land's End Supplier:

- 2x Soapstone Grey Rapid-Dry Polo with Logo (short-sleeve)
- 1x Teal Cotton Polo with Logo (short-sleeve)
 - Optional: Extra Teal or Light Grey Cotton Polos (short and/or long-sleeve)
- 1x Dark Grey Fleece Jacket with Logo (long-sleeve)
- 1x Grey/Black Cardigan/Sweater with Logo (zip, buttons or pullover)

Own Source (or Land's End):

- Black athletic leggings, rapid-dry track-pants, tech-fleece or smart-wool pants.
 - All bottoms should be solid black without obvious markings, words or pictures.
- Socks:
 - · Cotton or athletic socks are best for warm-weather.
 - Wool-blend ski-socks are best for cold-weather.
 - Tall-socks needed for forest days (all seasons).
 - · Optional fun colours, patterns or striped socks allowed on regular uniform days.
 - Grey/Black dress socks or tights for formal uniform days.
- · Indoor Shoes to remain at school for indoor use only.
 - Athletic shoes, sneakers, sturdy slip-on shoes.
 - Plain, neutral colours or 'no-skid' black (no wheels, lights, sounds, pictures).

















Hot Weather Days (Optional)

- Black capris, shorts or skort optional for warm weather.
 - Skirts must have black shorts underneath.
 - Shorts and skirts must be no shorter than mid-thigh and must be clearly visible beneath the length of the polo shirt.
- Tall socks required for forest-school days.
- All bottoms should be solid black without obvious markings, words or pictures.









Formal Uniform

The Formal Uniform will be used for indoor field trips and for special events and ceremonies throughout the year.

Land's End Online Supplier:

- Teal Polo with Logo or Soapstone Rapid-Dry Logo Polo
 (*Not light grey Polo)
- Grey/Dark Grey Cardigan/Sweater with Logo (zip-up cardigan, button cardigan or pull-over sweater)

Own Source or Land's End Supplier:

- **Black** dress pants, chinos or formal skort/skirt (should be only slightly above or below knee, must have black shorts under skirts).
- Black belt (optional, not recommended for Kindergarten)
- Socks: black or grey knee-high dress socks or tights.
- Black formal flats, loafers, or clean black sneakers.















Hats and Headwear

- All students must wear hoods, caps, hats or toques while outdoors.
 - (Caps/Toques from school store preferred).
 - Umbrellas are not permitted for safety reasons.
- Hoods and hats should be removed while indoors except:
 - Headwear for medical, cultural or religious reasons may be worn indoors and outdoors, e.g. medical hair loss, anxiety disorders or Hijab, Turban, etc., but must be plain in colour (school colours preferred).

PE Uniform *Grades 7-8 Only

- School Logo Rapid-Dry T-Shirt
- · Black athletic bottoms or shorts
- Athletic shoes

Jewellery

Jewellery can be a safety hazard for physical activity and outdoor learning. Jewellery can also be a distraction for younger students during work periods and can cause too many issues when misplaced or lost. Finally, we strive to create an environment that minimizes the chance of unintentional bias based on perceptions of high or low socioeconomic status. Therefore, students must follow the following uniform jewellery rules to ensure a safe, secure and equitable environment for all:

- One small stud earring in ears or nose only. (No hoops, expanders, dangling items or large stones).
- One bracelet made of yarn, fabric, rubber or worn for anxiety or medical reasons.
- One basic analog wrist watch made of rubber/water-proof material.
- Students are not allowed to wear rings or necklaces during school hours.
- No other jewellery items are allowed during school hours.

Students are **not** allowed to **wear or bring** the following to school:

- Designer handbags.
- Digital watches that beep, make sounds or with games, calling or texting features.
- Toys, electronics or stuffed animals from home unless asked for by teachers.
- No cell-phones or small electronics are allowed during school hours (see cell-phone policy in parent-student handbook). Students are permitted to use teacher cell-phones or front desk phones whenever they need to call or text someone throughout the day.

^{*}Grades K-6 are not required to change for gym classes.

Calgary Changemaker School



Cold/Snowy/Rainy Weather Layering

(-5 to -25 with windchill or rain) Children will not go outside if below -25C

1) Base Layer

- · Long underwear or leggings should be snug-fit next to the skin
 - NO cotton (this traps moisture and makes children cold)
- · Long underwear can be worn all day under school uniform.
- Rapid-Dry grey school polo shirt and black leggings can be considered base-layer or worn on top of long underwear.

2) Mid-Layer/Fleece Layer

- · School fleece zip-up jacket.
- · Extra fleece shirt under zip-up if needed.
- · Black fleece pants over long underwear.
- · Neck warmer or Buff.

3) Insulating Layer

- Puffer/PrimaLoft/Down Jacket.
- Winter touque/hat.
- Tight-fitting under-gloves or Magic Gloves.
- Warm ski-socks, wool blend is best (not cotton).

4) Outer-Layer

- Water-proof gloves or mittens.
- Water & wind-proof shell jacket, rain jacket or Muddy Buddy
- · Water & wind-proof ski pants or rain pants
- Water-proof boots tucked under pants or with gators.





LANDS' END SCHOOL your school uniform source **Calgary Changemaker School** 900192030 Order Online Visit landsend.com/myschool Create an account or sign into your existing account Search for your school by name or Preferred School Number: 900192030 3. Use the True Fit® tool to find your child's right size Order by Phone Call our customer service representatives 24/7 at 1-800-469-2222 2. Reference your school number: 900192030 3. Reference your child's grade level, gender and size 4. Place your order Uniforms parents trust & students love Sign up for our email updates at landsend.com/school