



Calgary Changemaker School

## **Uniform Guidelines and Policies Handbook 2022-2023**

While we are a school that embraces creativity and individuality, we believe the best way to express our unique personalities at school is through the way we treat others, how we contribute to the school community, and by sharing our innovative ideas and creativity in the classroom.

### **Through our uniform guidelines we aim to...**

- Ensure students are dressed appropriately for active learning both indoors and outdoors in all seasons.
- Create a safe and welcoming school climate where all students feel they are members of the school community (Sense of Belonging).
- To promote a sense of being part of a team (team spirit).
- To build an environment that minimizes the chance of intentional or unintentional discrimination, bullying or inequality.
- Reflect a balance of choice, comfort and professionalism.

Therefore, the following school uniform is a requirement for all of our students. The school expects all parents and students who accept a place at the Calgary Changemaker School to comply with the school uniform guidelines and policies. Please read all pages of this document carefully.

In the interests of fairness and consistency across the school, parents / guardians must accept the Head of School or Principal's decision on all uniform matters. We will always try to act in a reasonable manner and involve parents at an early stage.

The school will always source best value and best priced options for our families, ensuring weather-appropriateness, durability and quality. Starting next year, there will be an annual pre-owned uniform and outer-wear sale and swap for parents who would like to purchase items at a reduced cost or recycle any clothing that is in good condition.

You can order our mandatory and optional uniform items at our **Land's End** Online Store or our Main Office Store (more details on last page).



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## Required Uniform K-7

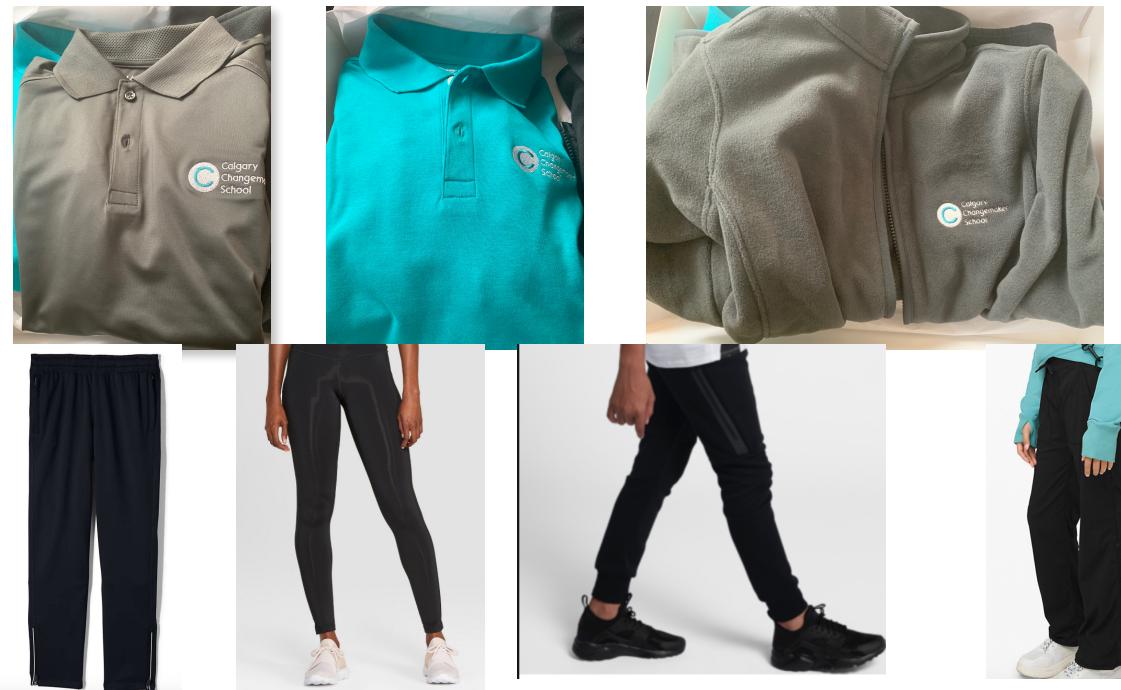
### ***Land's End Supplier or Main Office Store:***

- **Grey or Black** Rapid-Dry Polo Shirt with Logo (or dress) or **Teal Cotton Polo** (or dress) with Logo
- **Grey or Black** Fleece Jacket, Track Jacket or Sweater with Logo (several options)
- Students are welcome to wear any of the additional styles of shirts, dresses, jackets, hoodies and sweaters **with logo** that are available on our online uniform store or Main Office Store.

*\*Students are not permitted to wear non-uniform tops or sweaters except on designated spirit days.*

### ***Own Source or Online Store:***

- **Black** athletic leggings, rapid-dry track-pants, tech-fleece or smart-wool pants.
  - *All bottoms should be black without obvious words or pictures and should look tidy and in good condition.*
- **Socks:**
  - Cotton or athletic socks are best for warm-weather.
  - Wool-blend ski-socks are best for cold-weather.
  - Tall-socks needed for forest days (all seasons).
  - Optional fun colours, patterns or striped socks allowed on regular days.
  - Grey/Black dress socks, knee-highs or tights for formal uniform days.
- **Indoor Shoes** to remain at school for indoor use only.
  - Athletic shoes, sneakers, slip-on shoes.
  - No wheels or shoes with sound effects.





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### Warm Weather Days

- Logo T-shirt or School Polo or School Dress
- **Black** capris, shorts or skort optional for warm weather.
  - Skirts must have black shorts underneath.
  - Shorts and skirts must be no shorter than mid-thigh and must be clearly visible beneath the length of the polo shirt.
- Tall socks required for forest-school days.
- *All bottoms should be black without obvious markings, words or pictures.*



### Formal Uniform

The Formal Uniform will be used for indoor field trips and for special events and ceremonies throughout the year.

- **School Polo Shirt or Dress (and school sweater/fleece) (if cold)**
- Clean **black pants or black skirt/skort** with no obvious markings.
- Clean neutral shoes.

### Hats and Headwear

- Hats/headwear are allowed indoors but must be school-appropriate and avoid large brand names or slogans (school hats preferred).
- All students must wear weather appropriate hats or toques during forest school.
- Umbrellas are not permitted for safety reasons.

### PE Uniform \**Students in Div 2 are encouraged to change their shirts for PE class*

- School Logo T-Shirt or Rapid-Dry Polo
- Black athletic bottoms or shorts
- Athletic shoes



## Jewellery

Jewellery can be a safety hazard for physical activity and outdoor learning. Jewellery can also be a distraction for younger students during work periods and can cause too many issues when misplaced or lost. Finally, we strive to create an environment that minimizes the chance of unintentional bias based on perceptions of high or low socio-economic status. Therefore, students must follow the following uniform jewellery rules to ensure a safe, secure and equitable environment for all:

- Please avoid dangling or hoop earrings, metal bracelets, necklaces or scarves that could be considered a strangulation or safety hazard in an outdoor setting. Exceptions may be requested for jewellery that has cultural, spiritual or deep personal significance or items that are intended to support anxiety.

## OTHER

Students are **not** allowed to **wear or bring** the following to school:

- Designer handbags.
- Digital watches that beep, make sounds, have games, calling or texting features.
- Toys, electronics or stuffed animals from home unless asked for by teachers.
- **No student cell-phones or small gaming electronics are allowed during school hours** (see cell-phone policy in parent-student handbook). Students are permitted to use teacher cell-phones or front desk phone whenever they need to call or text someone throughout the day.

*\*School colours for accessories/base layers/shoes are preferred when possible: white, black, grey, teal, cream and/or red.*

### COLOR GUIDE

#4F4F4F  
R:79 G:79  
B:79 A:100



#4AC4D8  
R:74 G:196  
B:216 A:100



#FAF5E1  
R:250 G:245  
B:225 A:100



#CF3C3C  
R:207 G:60  
B:60 A:100



### \*\*IMPORTANT:

Please **LABEL** everything with your child's name!

To make this easier, you may want to order *Mabel's Labels* laundry stickers by searching for our school fundraising account at:

[https://mabelslabels.ca/en\\_CA/fundraising/support/](https://mabelslabels.ca/en_CA/fundraising/support/)



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## Cold/Snowy/Rainy Weather Layering

(-5 to -25 with windchill or rain)

Children will not go outside if below -25C

### 1) Base Layer

- Long underwear or leggings should be snug-fit next to the skin
  - *NO cotton* (this traps moisture and makes children cold)
- Long underwear can be worn all day under school uniform.
- Rapid-Dry/Athletic school polo shirt and black leggings can be considered base-layer or worn on top of long underwear. \*Should not be cotton.



### 2) Mid-Layer/Fleece Layer

- School fleece zip-up jacket.
- Extra fleece shirt under zip-up if needed.
- Black fleece pants over long underwear.
- Neck warmer or Buff.



### 3) Insulating Layer

- Puffer/PrimaLoft/Down Jacket (very cold days)
- Winter touque/hat.
- Tight-fitting under-gloves or Magic Gloves.
- Warm ski-socks, wool blend is best (not cotton).



### 4) Outer-Layer

- Water-proof gloves or mittens.
- Water/wind resistant rainsuit or one-piece snowsuit.
- Water-proof winter boots.



**School colours  
preferred.**



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## Land's End School Uniform Store

### Calgary Changemaker School #900192030

#### **TO ORDER ONLINE:**

- 1) Visit: [\*\*\*landsend.com/myschool\*\*\*](http://landsend.com/myschool)
- 2) Create an account or log into your existing account.
- 3) Search for your school by name/province or number: **900192030**
- 4) All items found in the Calgary Changemaker Uniform Store are acceptable uniform pieces.
- 5) Use the True Fit tool to find your child's right sizing.

#### **TO ORDER BY PHONE:**

- 1) Call customer service 24/7 at: **1-800-469-2222**
- 2) Reference school number: **900192030**
- 3) Reference your child's grade level, gender and size.

*\*Please note, you will need to change to CAD dollars in the top right corner. There may be shipping and extra duty charges on orders over \$150. Please allow for 3-6 weeks shipping time.*

*Land's End Online Store is available all year on an as-needed basis with direct delivery to your home.*

# It's now easier to find their size!

We've updated our sizes with one simple range for all kids. See the conversion chart below, and don't forget to use True Fit® online. Visit us online at [landsend.com/schooladmin/](http://landsend.com/schooladmin/) or call at **800-469-2222** with any questions you might have.



	Was Alpha	New Alpha	Was Numeric	New Numeric
Toddler	2T	XXS (2-3)	2T	2
	3T	XXS (2-3)	3T	3
Little Boy/ Little Kid	S (4) M (5-6) L (7)	XS (4-5) S (6-7)	4	4
			5	5
			6	6
			7	7
			8	8
Big Boy/ Big Kid	M (8) M (10-12) L (14-16) XL (18-20)	M (8) L (10-12) XL (14-16) XXL (18-20)	10	10
			12	12
			14	14
			16	16
			18	18
			20	20

Some sizes are also available in Slim, Husky & Plus Fit

	Was Alpha	New Alpha	Was Numeric	New Numeric
Toddler	2T	XXS (2-3)	2T	2
	3T	XXS (2-3)	3T	3
Little Girl	S (4) M (5-6) L (6X-7)	XS (4-5) S (6-7)	4	4
			5	5
			6	6
			7	7
			8	8
Big Girl	M (10-12) L (14) XL (16)	L (10-12) XL (14-16)	10	10
			12	12
			14	14
			16	16